

News Release



Contact: Rhonda McGee, Olympic Chairperson
318-281-6523
hickoryadmin@centralmanagement.com

April 8, 2011

FOR IMMEDIATE RELEASE

MONROE-AREA SENIORS TO COMPETE AT NURSING HOME OLYMPICS

Hundreds of Monroe-area seniors are abuzz preparing for the Louisiana Nursing Home Senior Olympics to be held Friday, August 5, 2011 at the University of Louisiana – Monroe in the Fant-Ewing Coliseum.

Olympics Chairperson Rhonda McGee, administrator of Hickory Manor Nursing and Rehab in Bastrop said, “Residents and staff members look forward to this event every year. Our elders have a great competitive spirit, and it is very rewarding to watch their joy when they accomplish their goals.”

Co-supported by the University of Louisiana – Monroe Gerontology program and representing more than 30 nursing facilities, the Nursing Home Olympics will host a series of athletic events that have been adapted to the abilities of nursing home residents. Since its inception in 1983 by the Louisiana Nursing Home Association, this event has provided an arena for seniors to remain physically active, to socialize with peers, to compete, and to realize the excitement of winning.

Competition events include Socrates Trivia, Shot Put and Discus Throw, Bean Bag Toss, Horseshoes, and a Chariot (wheelchair) Race. Administrators of all participating facilities will also compete in a Chariot Race. Additionally, a Spirit Award is given to the facility that shows the most team support, while a Banner Award will be presented to the facility displaying the most impressive banner theme.

-END-